

The Dairy Matrix

A new approach to understanding the health effects of food



Monday 30th October 2017

**The Hilton Hotel
4 Lanyon Place, Belfast BT1 3LP**

A symposium from the European Milk Forum in
conjunction with the Dairy Council for Northern Ireland

Programme

16:45 ARRIVAL AND LIGHT REFRESHMENTS

17:30 Prof Barbara Livingstone
Nutrition Innovation Centre for Food and Health (NICHE), Ulster University
CHAIRPERSON'S INTRODUCTION

17:40 Prof Ian Givens
Institute for Food, Nutrition and Health, University of Reading
**THE FOOD MATRIX: IS IT TIME TO RETHINK HOW WE
EVALUATE THE HEALTH EFFECTS OF FOOD?**

18:10 Dr Michelle McKinley
Centre for Public Health, Queen's University Belfast
**MUSCLE, BONES AND BODY FAT:
DAIRY MATRIX EFFECTS ON BODY COMPOSITION**

18:40 Prof Arne Astrup
Department of Nutrition, Exercise and Sports, University of Copenhagen
METABOLIC HEALTH: THE IMPACT OF THE DAIRY MATRIX

19:10 PANEL DISCUSSION

19:30 CLOSE

Booking

There is no charge for this event.

Places will be allocated on a first come, first served basis.

Bookings should be made no later than 20th October 2017.

To reserve your place, please fill out our online booking form at the Dairy Council website:

www.dairyCouncil.co.uk/news-events/2017/08/dairy-matrix-symposium

Or respond with your details via email to:

carole@foodcommunications.co.uk

Confirmation will be sent on receipt of the booking form / online registration

For further information or queries please contact:

Dr Carole Lewis on +44 (0)1751 430 158 or the Dairy Council for Northern Ireland on +44 (0) 28 9077 0113 ex 221.

The symposium is part of the EMF Milk, Nutritious by Nature programme.

To find out more, please visit the website www.milknutritiousbynature.eu

