



WHAT'S NEW?

A conference for health and education professionals

Friday 8 May 2015

W5, at the Odyssey, Belfast

The Dairy Council for Northern Ireland

CONFERENCE PROGRAMME

- 09.30 REGISTRATION AND COFFEE
- 10.00 Professor Sean Strain OBE
Ulster University
Chairperson's introduction
- 10.15 Professor Barbara Livingstone
Ulster University
Overweight and obesity -
portion size matters!
- 10.50 Dr Ciara Rooney
Queen's University Belfast
Changing dietary behaviour in schools -
what does the evidence show?
- 11.25 COFFEE
- 11.45 Professor Domhnall MacAuley
Ulster University
Physical activity and health -
is sedentary behaviour the 'new smoking'?
- 12.20 Professor Julie Lovegrove
University of Reading
The challenge of healthy and sustainable
diets - the place of dairy foods
- 12.55 LUNCH
- 2.00 Dr Anne Nugent
University College Dublin
Cheese and health - an update on the evidence
- 2.35 Professor Jason Ellis
Northumbria University
Overweight and obesity - the role of sleep
- 3.10 Close

For further information or queries please contact:
Dr Carole Lewis on (01751) 430 158



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Registration for the conference costs £25.00 (including lunch and refreshments throughout the day).

To reserve your place, send the completed booking form and registration fee to:

Nutrition Conference,
The Dairy Council for Northern Ireland,
Shaftesbury House,
Edgewater Office Park,
Edgewater Road,
Belfast
BT3 9JQ

Cheques should be made payable to
The Dairy Council for Northern Ireland
and should arrive no later than
1 May 2015 NO REFUNDS AFTER THIS DATE

Online registration with credit card payment
is also available on our website:
www.dairycouncil.co.uk

Confirmation will be sent on receipt of the
booking form / online registration.

To pay by BACS or if you require an invoice,
please contact:

Dr Carole Lewis on 01751 430 158 or the
Dairy Council for NI on 028 90 770 113 ex 221
carole@foodcommunications.co.uk
nutrition@dairycouncil.co.uk

BOOKING FORM

Name

Position

Organisation

Address

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Postcode

Daytime Tel.

Email

If you do **not** wish to receive email
information from the Dairy Council for NI
including on the Milk, Nutritious by Nature
campaign please tick box

Vegetarian meal required? yes

Other dietary requirements (please specify)

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Please remember to enclose a
cheque for £25.00 made payable to:
The Dairy Council for Northern Ireland

