

A conference for health and  
nutrition professionals



WHAT'S NEW ... ?

**21<sup>st</sup> March 2023**

W5, Odyssey, Belfast

## BOOKING

Registration for the conference costs £25.00  
(including lunch and refreshments throughout the day).

Online registration with credit card payment is available on  
our website until 16th March 2023

[www.dairycouncil.co.uk](http://www.dairycouncil.co.uk)

Confirmation will be sent following online registration.



TWITTER @DairyCouncilNI

To pay by BACS, cheque or if you require an  
invoice, please contact Dr Carole Lewis on  
01751 430 158 or the Dairy Council for NI on  
028 90 770 113 ex 221

[nutrition@dairycouncil.co.uk](mailto:nutrition@dairycouncil.co.uk)

## PROGRAMME

09:30 Registration and coffee

10:00 **Professor Sean Strain, OBE**

ULSTER UNIVERSITY

**Chairperson's introduction**

10:15 **Dr Sandra Iuliano**

UNIVERSITY OF MELBOURNE

**Improving dairy consumption in residential  
care homes: a food-based strategy to help  
prevent fractures and falls in older adults?**

10:50 **Professor Marion Hetherington**

UNIVERSITY OF LEEDS

**Mindful mealtimes: the role of reading  
infant cues in responsive feeding**

11:25 Coffee

11:45 **Professor Nicole Darmon**

FRENCH NATIONAL INSTITUTE FOR AGRICULTURE, FOOD AND ENVIRONMENT  
(INRAE)

**Studying dietary shifts to improve nutrition  
and sustainability: how do we best  
measure it?**

12:20 **Professor Ciarán Forde**

WAGENINGEN UNIVERSITY

**Going beyond ultra-processed: research  
challenges for processed food and health**

12:55 Lunch

2:00 **Dr Claire McEvoy**

QUEEN'S UNIVERSITY BELFAST

**Food for thought: can diet protect against  
cognitive decline during ageing?**

2:35 **Dr Michael Crowe**

DUBLIN DENTAL UNIVERSITY HOSPITAL & TRINITY COLLEGE DUBLIN

**Dairy ingredients or dairy matrix: a role  
in dental health?**

3:10 Close

For further information please contact:  
Dr Carole Lewis - 01751 430 158