



WHAT'S NEW?

A conference for health and education professionals

28th April 2016

W5, AT THE ODYSSEY, BELFAST

The Dairy Council for Northern Ireland

CONFERENCE PROGRAMME

09:30 REGISTRATION AND COFFEE

10:00 Professor Barbara Livingstone
Ulster University
Chairperson's introduction

10:15 Professor Benoît Lamarche
Laval University, Canada
Novel perspectives on the association
between dairy, dairy fat and
cardiometabolic health

10:50 Dr Katie Adolphus
University of Leeds
Effect of breakfast consumption on
cognitive and academic performance in
children and adolescents

11:25 COFFEE

11:45 Dr Gerry McKenna
Queen's University Belfast
Oral health in older people - impact on
diet and quality of life

12:20 Dr Kirsty Pourshahidi
Ulster University
An update on vitamin D - how can we best
meet the new recommendations?

12.55 LUNCH

2:00 Dr Michelle McKinley
Queen's University Belfast
Weight loss after pregnancy - a challenging
but opportune time to intervene

2:35 Professor Joline Beulens
VU Medical Center, Amsterdam
Dairy foods and diabetes - a protective role?

For further information or queries please contact:
Dr Carole Lewis on 01751 430 158



WHAT'S NEW?

Registration for the conference costs £25.00 (including lunch and refreshments throughout the day).

To reserve your place, send the completed booking form and registration fee to:

Nutrition Conference,
The Dairy Council for Northern Ireland,
Shaftesbury House,
Edgewater Office Park,
Edgewater Road,
Belfast
BT3 9JQ

Cheques should be made payable to
The Dairy Council for Northern Ireland
and should arrive no later than
25th April 2016 NO REFUNDS AFTER THIS DATE

Online registration with credit card payment is also available on our website:
www.dairyCouncil.co.uk

Confirmation will be sent on receipt of the booking form / online registration.

To pay by BACS or if you require an invoice, please contact:

Dr Carole Lewis on 01751 430 158 or the Dairy Council for NI on 028 90 770 113 ex 221
carole@foodcommunications.co.uk
nutrition@dairyCouncil.co.uk

BOOKING FORM

Name

Position

Organisation

Address

Postcode

Daytime Tel.

Email

If you do **not** wish to receive email information from the Dairy Council for NI including on the Milk, Nutritious by Nature campaign please tick box

Vegetarian meal required? yes

Other dietary requirements (please specify)

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Please remember to enclose a cheque for £25.00 made payable to:
The Dairy Council for Northern Ireland

