



WHAT'S NEW . . .

FOR MILK AND DAIRY FOODS?

6TH September 2022
WEBINAR ONLINE 11am-12:30pm

PROGRAMME

DCNI WELCOME AND INTRODUCTION

Dr Carole Lowis

Dairy Council for Northern Ireland

CHAIRPERSON'S INTRODUCTION

Professor Sean Strain, OBE

Ulster University

The Milky Way Study: which are the best dairy foods for children, whole or reduced-fat?

Dr Therese O'Sullivan

Edith Cowan University, Perth

An update on iodine in the diet in the UK and Ireland: the role of milk and dairy

Professor Jayne Woodside

Queen's University Belfast

Comparing the nutrient composition of milk, dairy and plant-based alternatives: implications for consumers' nutrition

Dr Sokratis Stergiadis

University of Reading

Live Q&A
12.30pm > Close

Dr Therese O'Sullivan

Therese lectures in the Masters of Nutrition and Dietetics course at Edith Cowan University in Australia, where she also coordinates research projects and supervises PhD students. She was previously a Senior Research Officer at the Telethon Kids Institute. Her special interest area is child and adolescent health, and she values practical and translatable research. Prior to embarking on a research career, Therese worked as a clinical dietitian who recommended consumption of reduced fat dairy products rather than regular fat versions (even reduced fat ice-cream!) to countless people to improve their health. She is now leading a program of research that suggests that whole fat dairy doesn't need to be avoided.

Professor Jayne Woodside

Dr Sokratis Stergiadis

Sokratis is Associate Professor in Animal Science at the University of Reading. He has several years of research experience of actively leading, coordinating or participating in multidisciplinary research consortia, funded by the European Commission, national governments, and industry partners. His research work includes the improvement of the nutritional quality of animal products via husbandry, animal diet and crossbreeding practices; development of solutions for the reduction of livestock greenhouse gas emissions; improvement of nutrient and energy use efficiency in ruminants; and assessment of the effect of animal products and plant-based alternatives' consumption on human nutrition.

Professor Sean Strain, OBE

Sean is Emeritus Professor of Human Nutrition at Ulster University. He is an author of over 300 peer-reviewed research publications and attracted over £38M in external research funding during his career. He is a member of the Royal Irish Academy, a Fellow and former President of The Nutrition Society and in 2014 was awarded an OBE for services to nutrition research and education. He was President of the European Nutrition Leadership Programme, Vice-Chairman, Panel on Dietetic Products, Nutrition and Allergies (NDA), and Inaugural Chair of the NDA Working Group on Claims, European Food Safety Authority. He currently chairs the Science Advisory Panel to High Value Nutrition New Zealand.

BOOKING

To register for the seminar,
please fill out our online booking
form by Friday 2nd September at:

www.dairycouncil.co.uk/news

Or respond with your details to:

nutrition@dairycouncil.co.uk

Once registered, we will be in touch with further details of how to view the seminar including the URL link for the livestream.

For further information please contact:

Dr Carole Lowis on:

01751 430 158

Or Dairy Council for Northern Ireland on:

028 9077 0113

