



WHAT'S NEW ?

A conference for health and education professionals

16th April 2019

W5, AT ODYSSEY, BELFAST

The Dairy Council for Northern Ireland

CONFERENCE PROGRAMME

09:30 REGISTRATION AND COFFEE

10:00 Dr Michelle McKinley
QUEEN'S UNIVERSITY BELFAST
Chairperson's introduction

10:15 Professor Luc van Loon
UNIVERSITY OF MAASTRICHT
Muscle mass maintenance in older people: protein and physical activity

10:50 Dr Sinéad Furey
ULSTER UNIVERSITY
Eating or heating? An investigation of food poverty in Northern Ireland

11:25 COFFEE

11:45 Professor Mary Ward
ULSTER UNIVERSITY
Dairy foods and blood pressure: a review of current evidence

12:20 Dr Brendan Gabriel
KAROLINSKA INSTITUTE, STOCKHOLM
Circadian rhythms: re-setting the clock in type 2 diabetes and metabolic disease

12.55 LUNCH

2:00 Dr Stephan Peters
THE DUTCH DAIRY ASSOCIATION
The challenge of healthy and sustainable diets: a place for dairy foods?

2:35 Emily Foster RD
GLOWING POTENTIAL
Drowning in 'experts': navigating nutrition communication and combatting pseudoscience in the age of innovation

For further information or queries please contact:
Dr Carole Lewis on 01751 430 158

PLEASE CUT HERE

Registration for the conference costs £25 (including lunch and refreshments throughout the day).

To reserve your place, send the completed booking form and registration fee to:

Nutrition Conference
The Dairy Council for Northern Ireland
Shaftesbury House
Edgewater Office Park
Edgewater Road
Belfast
BT3 9JQ



WHAT'S NEW?

Cheques should be made payable to The Dairy Council for Northern Ireland and should arrive no later than 10th April 2019 NO REFUNDS AFTER THIS DATE

Online registration with credit card payment is also available on our website until 10th April 2019: www.dairyCouncil.co.uk

Confirmation will be sent on receipt of the booking form / online registration.

To pay by BACS or if you require an invoice, please contact:

Dr Carole Lewis on 01751 430 158 or the Dairy Council for NI on 028 90 770 113 ex221 nutrition@dairyCouncil.co.uk

BOOKING FORM

Name

Position

Organisation

Address

Postcode

Daytime Tel.

Email

Please specify any dietary requirements

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Please tick to confirm that your details – Name, Position and Organisation only – may be included on a delegate list that will be available to conference attendees

I would like to receive emails about DCNI conferences & other events, nutrition updates & news (you may unsubscribe at any time)

Please remember to enclose a cheque for £25 made payable to:
The Dairy Council for Northern Ireland

Twitter @DairyCouncilNI

