

Exploring the health benefits of the milk matrix

Monday 15th September 2014
The MAC, Belfast

A symposium from the European Milk Forum in conjunction with the Dairy Council for Northern Ireland

Programme

- **12.15** Arrival and buffet lunch
- 1.00 Dr Michelle McKinley,
 Queen's University Belfast
 Chairperson's introduction
- 1.10 Dr Jean-Michel Lecerf,
 Institut Pasteur de Lille, France
 From milk matrix to health benefits:
 an overview
- 1.45 Prof Ian Givens, University of Reading, UKCardio-metabolic health: what's the role of dairy?
- 2.20 Tea and coffee
- 2.40 Prof Arne Astrup,
 University of Copenhagen, Denmark
 Dairy and weight management: a
 review of the evidence
- **3.15** Panel discussion
- **3.30** Close

For further information or queries please contact: Dr Carole Lowis on (01751) 430 158 Dairy Council for NI on 028 90 770113 ex 221 info@dairycouncil.co.uk

Booking form

There is no charge for this event.

Places will be allocated on a first come, first served basis and bookings should be made no later than 10th September 2014.

To reserve your place, please send the completed booking form to:

Milk, Nutritious by Nature Symposium, The Dairy Council for Northern Ireland, Shaftesbury House, Edgewater Office Park, Edgewater Road, Belfast BT3 9JQ

Bookings can also be made online at:

www.dairycouncil.co.uk www.milknutritiousbynature.eu

Or respond with your details via email to:

info@dairycouncil.co.uk

Confirmation will be sent on receipt of the booking form.

For further information or queries please contact: Dr Carole Lowis on 01751 430 158 or the Dairy Council for NI on 028 90 770 113 ex 221

Name	
Position	
Organisation	
Contact Tel. No.	
Email	
If you do not wish to receive email information the Dairy Council for NI including on the Milk Nutritious by Nature campaign please tick bo	,
Vegetarian meal required	yes / no
Other dietary requirements (please specify)	



